

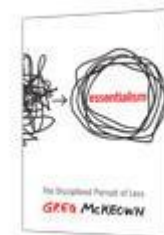
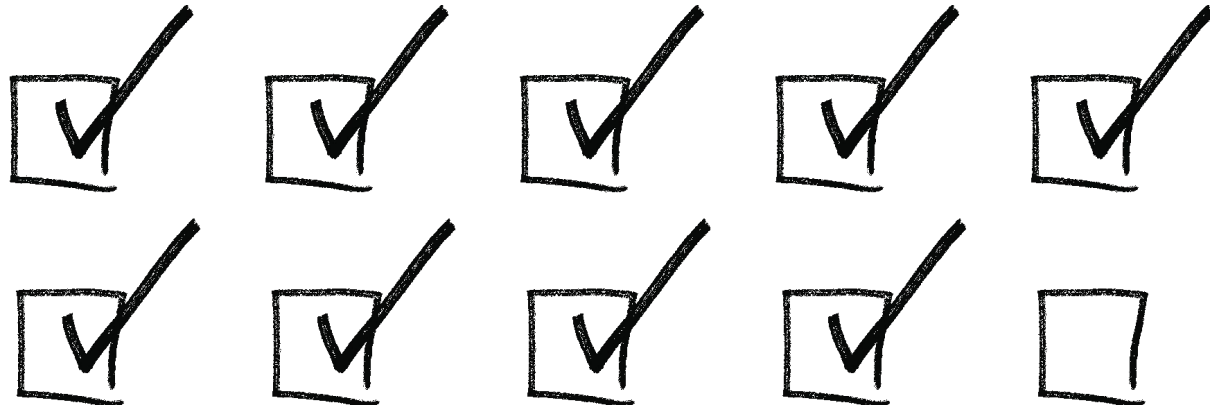
8

Apply the 90 percent rule

think of any simple request that has been made of you in the past week.

make a list of the “minimum” criteria for you to say yes.

if it doesn't meet 90 percent of those criteria then it should be politely rejected.



essentialism
The Disciplined Pursuit of Less
GREG MCKEOWN