

Frequency range	The name of the range	the wavelength range	Wave length
3–30 кГц	Very low frequency	Myriametre	100–10 км
30–300 кГц	Low frequency	Kilometer	10–1 км
300–3000 кГц	MIDs	Hectometre	1–0.1 км
3–30 МГц	High frequency	Decameter	100–10 м
30–300 МГц	Very high frequency	Meter	10–1 м
300–3000 МГц	Ultra high frequency	UHF	1–0.1 м
3–30 ГГц	Over Ultrahigh frequency	Cm	10–1 см
30–300 ГГц	Extremely high frequency	Mm	10–1 мм
300–3000 ГГц	Hyper high frequency	Decimillimeter	1–0.1 мм