

# UNIT 1

## COMMUNICATION

### 1. Complete the definitions with a suitable adjective from the box.

1. If you do not easily show your feelings or express your opinions, you are .....
2. If you do not lose sight of the main message when you speak, you are .....
3. If you express your ideas in a clear and structured way, you are ..... and .....
4. If you are happy and lively in social situations, you are .....
5. If you are ....., you are embarrassed and find it difficult to behave naturally.
6. If you are ..... to other people's needs or feelings, you care about them and try not to cause offence.

**sensitive coherent extrovert focussed inhibited reserved articulate**